**Happenings**

**July 2019**

**WEEKLY ACTIVITIES**

**TUE**

- **BEACHSIDE YOGA**
  - Ages 17 & Older
  - 8:30 am • $15

**WED**

- **MOVIES & POPCORN**
  - 3 pm • FREE
  - Turtle Cove Land & Popcorn served 3 – 3:30 pm only
  - 7/3 Isn’t It Romantic • PG-13
  - 7/10 Captain Marvel • PG-13
  - 7/17 Once Upon a Deadpool • PG-13
  - 7/24 A Dog’s Way Home • PG
  - 7/31 Alita: Battle Angel • PG-13

**THU**

- **BEACHSIDE YOGA**
  - Ages 17 & Older
  - 8:30 am • $15

**FRI**

- **UKULELE LESSONS**
  - 9 am • $10

**SAT**

- **BEACHSIDE YOGA**
  - Ages 17 & Older
  - 8:30 am • $15

Registration required 24 hours in advance. Age requirements apply. Subject to change or cancellation due to weather conditions. For availability and details, please call Turtle Cove (808) 259-4136/4137.

**ENVIRONMENTAL SERVICE**

Bellows AFS is a proud partner of local communities and organizations to improve our natural resources. All Bellows’ guests are welcome to join our Environmental Service Projects! RSVP to Allison Nabours at environmental@bellowsafs.com or (808) 448-4913.

**SATURDAY, JULY 20**

**PUEWAI WETLANDS**

9 – 11 am • VOLUNTEER by sharing your kokua (help/cooperation) as we remove invasive plants along the edge of the wetland. Meeting points are:
- Parking lot outside gate for those needing to be escorted on base
- Grassy area in front of the wetlands for those with access

Please bring sunblock, reusable water bottle, gloves, lunch, and helping hands. All other tools provided.

**HORSEBACK RIDING**

**SAT, JUL 13 & SAT, JUL 20**

STARTS 8:30 AM • $30 PER PERSON

SIGN-UPS BEGIN JULY 1!

30-minute horseback ride. Limit 3 people per time slot; 7 slots available. Must be 12 or older and weigh less than 220 lbs.

CALL TURTLE COVE (808) 259-4136/4137.

**GENERAL INFORMATION**

**SECURITY FORCES** (808) 448-4916/259-4200

- Information, Tickets and Tours (ITT)
- Gear Issue/Party and Sports Equipment Rentals
- Outdoor Recreation Adventures
- Pavilion Rentals
- Hale Nalu Massage
- Retail Store

**AHIKI MINI GOLF**

Visit Turtle Cove for rentals and times.

**BRADDAH’S BREWHOUSE**

Coffee: Fri – Sun, 8 am – 2:30 pm

Pub: Hours vary. Please see Turtle Cove.

For HALE NALU MASSAGE specials and BEACHSIDE YOGA, call Turtle Cove!

**WWW.BELLOWSAFS.COM**

**NOTICE: GIANT VOICE TESTING • EVERY WED AT 1200**

**O‘ahu Ocean Edventure Paddle & Surf Clinic!**

July 21 • 8:30 am - Noon
Ages 13 years+ $50
Ages 8-12 $25
SOAK (Stretch/Run/Swim), Bodyboarding, Surfing, SUP, 4-Person Canoe Lessons

**OCEAN SPORTS**

CALL TURTLE COVE (808) 259-4136/4137.

**INTRODUCTORY BOGO SALE!**

**BUY ONE GET ONE 50% OFF!**

**JULY 7 ONLY**

- 60 min Outrigger Canoe (OC-1) $70
- and/or- Stand-Up Paddleboard Lesson (SUP) $50

JULY PROGRAMS - AVAILABLE TIMES: 8:30 AM • 10:30 AM • 12:30 PM • 2:30 PM • 60 MIN EA

**DATE**

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<th>OC-1</th>
<th>OC-4</th>
<th>SUP or Surfing</th>
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**JULY 13**

- OC-1 NOT OFFERED
- SUP or Surfing • Bodyboard

**JULY 14**

- OC-1 SUP or Surfing • Bodyboard
- OC-4 SUP or Surfing • Bodyboard

**JULY 20**

- OC-1 SUP or Surfing • Bodyboard
- OC-4 SUP or Surfing • Bodyboard

**JULY 27**

- OC-1 SUP or Surfing • Bodyboard
- OC-4 SUP or Surfing • Bodyboard

**JULY 28**

- OC-1 SUP or Surfing • Bodyboard
- OC-4 SUP or Surfing • Bodyboard

**OC-1 (1-Person Outrigger Canoe) • OC-4 (4-Person Outrigger Canoe) • SUP (Stand-Up Paddle)**

**INFORMATION/EVENTS/PRICES SUBJECT TO CHANGE. Programs and special events open to active duty military, military retirees, reservists, National Guard, current/retired DoD civilian employees with an authorized ID card, and their dependents and guests. Patrons not on a guest list or without base access will not be permitted on Bellows AFS. No federal endorsement intended.**